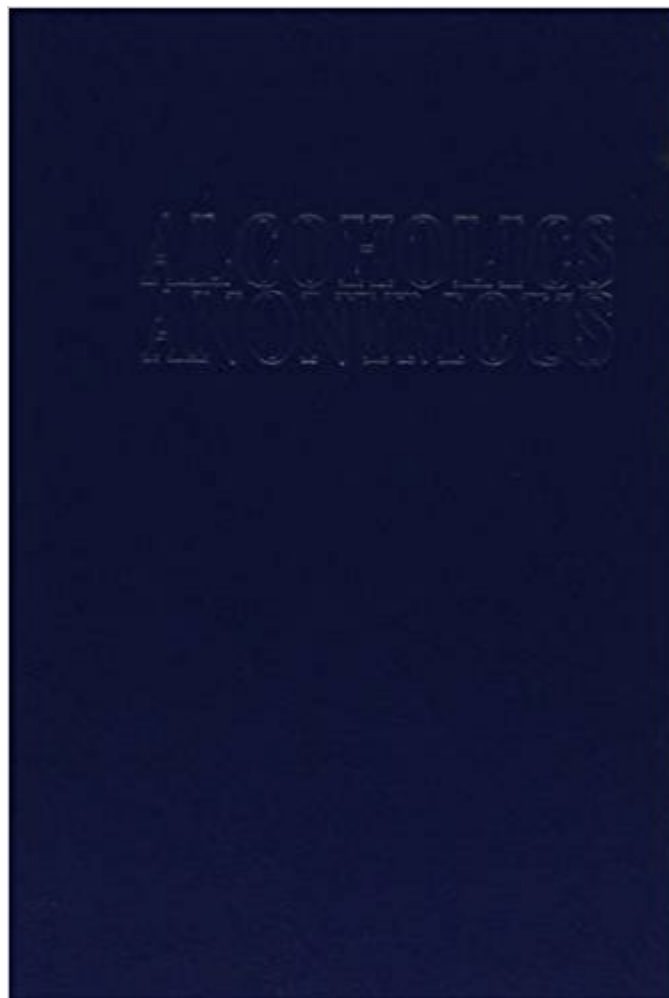


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Alcoholics Anonymous (Pocket Edition)



Synopsis

It's more than a book. It's a way of life. Alcoholics Anonymous-the Big Book-has served as a lifeline to millions worldwide. Alcoholics Anonymous sets forth cornerstone concepts of recovery from alcoholism and tells the stories of men and women who have overcome the disease. This product is manufactured on demand using CD-R recordable media. .com's standard return policy will apply.

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Book Information

Paperback: 191 pages

Publisher: Alcoholics Anonymous World Serv Inc; 3rd UK ed. edition (June 1976)

Language: English

ISBN-10: 0916856593

ISBN-13: 978-0916856595

Product Dimensions: 0.5 x 3.5 x 5.8 inches

Shipping Weight: 3.5 ounces

Average Customer Review: 4.6 out of 5 stars 2,291 customer reviews

Best Sellers Rank: #48,390 in Books (See Top 100 in Books) #57 in [Books > Health, Fitness & Dieting > Addiction & Recovery > Drug Dependency](#) #67 in [Books > Health, Fitness & Dieting > Addiction & Recovery > Twelve-Step Programs](#) #101 in [Books > Health, Fitness & Dieting > Addiction & Recovery > Alcoholism](#)

Customer Reviews

American history includes many social movements that aimed to help people stop drinking. There was Prohibition, of course. But there was also the Anti-Saloon League, the American Temperance Society, the Washingtonian Temperance Society, the Women's Christian Temperance Union, and more. Only one such movement survived -- Alcoholics Anonymous (AA). AA not only survived, it spread across the world. Today, AA lists its membership at 2,160,013, with 100,766 groups in Africa, Asia, and Europe as well as North and South America. If ever there was evidence that sobriety can be mass-produced, it is in AA. AA began with the chance meeting of two people on May 12, 1935: Bill W., an alcoholic stockbroker from New York, and Bob S., an alcoholic surgeon in Akron, Ohio. Bill got sober through a set of principles that, he felt, had saved his life (ideas that later evolved into the Twelve Steps of AA). He shared those principles with Bob, who never took another drink after that day. Dr. Bob's "dry date" of June 10, 1935 is officially counted as AA's founding. Bill and Bob began working with other alcoholics, helping them achieve

sobriety one at a time. And in 1939 the group published the book *Alcoholics Anonymous* to explain its Twelve Step program of recovery. Last year, sales of that book passed 20 million. Perhaps the best introduction to AA principles is the 'preamble' traditionally read at the beginning of a group meeting: Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety. By focusing on that purpose, AA avoids the mistakes of temperance groups that took on a variety of political causes, splintered into factions, and died. 'Our focus has prevented us from straying into areas that we don't have experience in,' says a member who works in AA's General Service Office. 'What we are is alcoholics helping other alcoholics. This has helped us maintain our unity.' Elaine McDowell, PhD, chairperson of AA's General Service Board, agrees 'the Fellowship's main reservoir of strength is its singleness of purpose. For 66 years the hand of AA has been there for the alcoholic. It works!' AA members engage in a set of activities suggested by the Twelve Steps, such as: **Telling the truth -- that they are addicted and cannot stop drinking on their own. **Admitting and releasing resentments and fears. **Making amends to people they've harmed. **Engaging in prayer and --This text refers to an out of print or unavailable edition of this title.

Needs no review- this book has saved tens of thousands of lives. I believe it is a modern revelation from the Universe. The ultimate truth on how to save ones own life. A spiritual program that is entirely down to earth.

Like carrying around a bible in look, thin paper feel, dense cover and text. I enjoy having it. Small, compact, packs a punch. Feels like a historic relic. Very relateable.

This book is for everyone. This is a book that lays out behavior that will help all function more effectively in the world. Not just those affected by ETOH. It is spiritually based however it is non denominational and if one is not religious I do not feel the spirituality of the book would offend one. I do believe Our Lord has given us guidelines in another book. This book clarifies much and if one

can open their eyes to their own contributions to their situations...this book will guide them...comfort them and give one hope for a new future.

This book has been on my best seller list since 1984 when I first read it cover to cover. It is a text book for dealing with alcohol and drug addiction. It is primarily a spiritual text with stories in the latter half of people describing their lives at the end of their drinking and how they got sober. This book is designed to be an adjunct to AA meetings. The twelve steps as outlined in this text are best done with a sponsor. this person can be found by going to AA meetings.

Used book was in perfect condition with no marks or torn pages. The Big Book is the A.A. "bible" and although most of it was written in the late '30's and early '40's, it is totally relevant. An excellent "self-help" book that stresses our recovery is based on reliance on our higher power, however we perceive it to be. Atheists, agnostics, and people of any faith will benefit from these timeless principles. Even if your problem isn't alcohol, people with ANY obsession- drugs, gambling, porn, OCD, whatever, can be helped by reading and understanding this book. I can't recommend it too highly!

It's like the Bible; every time I read it I learn more truth. Open your mind, demonstrate willingness, try, get ready for a great life ahead of you.

I like it...if you have a drinking problem, misuse alcohol or just want to know, this is a pretty good book. alot of the stories are from old.

The original and still the best book written for alcoholics, outlining a plan of action for recovery and personal stories. The large print version was appreciated by aging eyes. Most jails/prisons will not accept a hardcover version of this book because inmates might make shanks out of them, so this was the book to send to a jailed friend.

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